



Wednesday 22nd November 2017

MENU

BREAKFAST

Fresh Fruit, Fruit Juice, Yoghurt, Cereals,
Porridge,
Grilled Bacon, Sausages, Baked Beans
Poached or Fried Eggs
Toast and Preserves
Coffee – Tea

LUNCH

Spiced Lentil & Spinach Soup
Hot Dogs in a Bun with Fried Onions
Served with French Fries
Chocolate Swiss Roll

DINNER

Soup of the Day
Herb Crusted Turbot
Shepard's Pie
Served with Dressed Cabbage & Swede

Veggie Option: Quorn Pie

Apple & Blackberry Crumble & Custard

Cheese & Biscuits